

ALLERGEN DISCLAIMER

At Noah's Ark Zoo Café, we take allergens seriously and strive to provide safe food options for our customers. While no **NUTS** are used within our food barn or kiosks, some of our products come with a **MAY CONTAIN** warning from the manufacturer. This applies to certain items such as bread, dried spices, and herbs, which may have been processed in facilities that handle **NUTS**.

For our gluten-free offerings, we source a variety of gluten-free ingredients and products; however, please note that these items are not prepared in a separate kitchen. Our kitchen does handle gluten-containing ingredients, including in cakes and other food items. While we take every precaution to prevent cross-contamination, we cannot guarantee that any dish is completely free from trace amounts of gluten.

We do our best to list the information provided by our suppliers, but we may not always have full details available.

If you have any allergies or dietary concerns, please speak to a member of our team before ordering.

BREAKFAST MENU

BACON BAP:

BACON: (Pork (88%), Water, Salt, Preservative: Sodium Nitrite).

Breakfast Roll: **WHEAT** flour (Calcium Carbonate, Iron, Thiamine, Niacin), Yeast, Sugar, Salt, Emulsifiers: (E47, E481), **SOYA** Flour, Vegetable Oil (Palm & Rapeseed), Deactivated Yeast.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

FARMSHOP USES BUTTER, SO CHECK WITH YOUR SERVER.

Margarine: Plant Oils (Rapeseed, Sunflower, Palm¹), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A, ¹Flora is committed to sustainable palm oil.

WHEAT, GLUTEN, RYE.

MAY CONTAIN SESAME AND EGGS.

GLUTEN FREE ROLL AVAILABLE: Water, Tapioca Starch, Rice Flour, Mixed Seed (12%) (Sunflower, Linseed, Millet, Poppy), Potato Starch, Rapeseed Oil, Humectant (Vegetable Glycerol), Yeast, Treacle, Psyllium Husk, Stabiliser (Hydroxypropyl Methyl Cellulose), Free Range Dried **EGG** White, Maize Flour, Salt, Maize Starch, Rice Starch, Colour (Plain Caramel), Preservative (Calcium Propionate)

EGG.

MAY CONTAIN SULPHITES AND CEREAL.

OPTIONAL BROWN SAUCE: Malt Vinegar (from **BARLEY**), Unrefined Raw Cane Sugar, Tomato Puree, Date Puree (9%) (Dates, Water), Black Treacle (8%), Cornflour, Seasoning (Coriander, Ginger, Clove, Cinnamon, Pepper, Cayenne Pepper), Sea Salt, Preservative: Sorbic Acid.

BARLEY, WHEAT.

SAUSAGE BAP:

SAUSAGE IS GF

BROAD OAK SAUSAGE FROM CREED, GLUTEN FREE.

RED TRACTOR GLUTEN FREE SAUSAGE (From Creed): Pork (84%), Water, Gluten Free Crumb (rice flour, gram flour, maize starch, salt, dextrose), Sea Salt, Spices, Dextrose, Rice Flour, Stabiliser (Pentasodium triphosphate), Preservative (sodium **METABISULPHITE**). Filled into Natural Pork Sausage Casings.

SULPHITE

BLACKGATE SIGNATURE PREMIUM PORK SAUSAGE, GLUTEN FREE (From Bookers): Pork (80%), Water, Rice Flour, Chickpea Flour, Salt, Spices, Parsley, Dextrose, Herbs (Parsley, Sage), Sage, Black Pepper, White Pepper, Flavouring, Preservative (Sodium **METABISULPHITE**), Cornflour, Onion Powder, Stabilisers (Disodium Diphosphate, Tetrasodium Diphosphate), Antioxidant (Sodium Ascorbate), Sausage Casing (Calcium Alginate)

SULPHITE

ALTERNATIVE SAUSAGE: PLEASE ASK WHICH ONE FOR ALLERGEN QUESTIONS.

MOAT HOUSE FARM STILL GLUTEN FREE

MOATWELL FARM SAUSAGE: Pork, Rice Flour, Salt, Hydroxypropyl Methyl Cellulose E464, Spice Extracts (Pepper, Nutmeg, Coriander, Cayenne, Paprika), Dextrose, Stabilisers: Sodium Tripolyphosphate E451, Sodium Diphosphate EA50; Preservative Sodium **SULPHITE** E221; Flavour Enhancer: Monosodium Glutamate E621; Ground Spices (White Pepper, Ginger), Sage Extract, Colour: E120; Propylene Glycol.

SULPHITE

MOAT HOUSE FARM STILL GLUTEN FREE

MOATWELL FARM SAUSAGE CARAMLISED ONION: Sugar, Fried Onion, Gluten Free Rusk: (Pea Flake), Potato Starch, Salt, Onion, Onion Powder, Spices: (Nutmeg, Clove, White Pepper, Cinnamon), Herbs, Onion Extract, Stabiliser E451, Preservative E223 (**SULPHITE**).

SULPHITE

SAUSAGE BAP CONTINUED:

SAUSAGE IS GF

Breakfast Roll: **WHEAT** flour (Calcium Carbonate, Iron, Thiamine, Niacin), Yeast, Sugar, Salt, Emulsifiers: (E47, E481), **SOYA** Flour, Vegetable Oil (Palm & Rapeseed), Deactivated Yeast.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

Margarine: Plant Oils (Rapeseed, Sunflower, Palm¹), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A, ¹Flora is committed to sustainable palm oil.

WHEAT, GLUTEN, SULPHITES.

MAY CONTAIN SESAME AND EGGS.

GLUTEN FREE ROLL AVAILABLE: Water, Tapioca Starch, Rice Flour, Mixed Seed (12%) (Sunflower, Linseed, Millet, Poppy), Potato Starch, Rapeseed Oil, Humectant (Vegetable Glycerol), Yeast, Treacle, Psyllium Husk, Stabiliser (Hydroxypropyl Methyl Cellulose), Free Range Dried **EGG** White, Maize Flour, Salt, Maize Starch, Rice Starch, Colour (Plain Caramel), Preservative (Calcium Propionate)

EGG.

MAY CONTAIN SULPHUR AND CEREAL.

VEGAN SAUSAGE BAP: Rehydrated **SOYA** Protein (71%), Water, Seasoning (Yeast Extract, Onion Powder, Natural flavouring, Dextrose, Herb, Smoke Flavouring, Red Beetroot Powder), Onion (4%), Rapeseed Oil, Stabiliser (Methyl Cellulose), Tomato Puree, Stabiliser (Bamboo Fibre).

ALTERNATIVE VEGAN SAUSAGE DUE TOO SUPPLY ISSUE (Castel Howell)

Devils Kitchen Plant: Rehydrated Pea Protein, Rapeseed Oil, Coconut Oil, Shea Oil, Diced Onions, Potato Starch, Oyster Mushrooms, Seasoning: (Onion Powder, Ground White Pepper, Rubbed Sage, Yeast Extract, Tomato Powder, Ground Rosemary, Ground Fennel, Ground Black Pepper, Ground Bay, Smoked Paprika, Ground Nutmeg, Ground Sage, Ground Mace, Ground Marjoram). Methylcellulose, Broad Bean Powder, Apple Juice Concentrate, Citrus Fibre, Carrot Powder, Pumpkin Powder, Fine Sea Salt, Ground Ginger, Pimento, Natural Flavouring, Calcium Alginate Casing.

Breakfast Roll: **WHEAT** flour (Calcium Carbonate, Iron, Thiamine, Niacin), Yeast, Sugar, Salt, Emulsifiers: (E47, E481), **SOYA** Flour, Vegetable Oil (Palm & Rapeseed), Deactivated Yeast.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

Margarine: Margarine: Plant Oils (Rapeseed, Sunflower, Palm¹), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A, ¹Flora is committed to sustainable palm oil.

WHEAT, GLUTEN, SOYA.

MAY CONTAIN: EGGS, MILK, SOYA, SESAME.

Veggie Sausage cooked in Rapeseed Oil.

HASH BROWN BAP: Potato (83%), Sunflower Oil, Potato Flake, Onion, Flavouring, Salt, Stabiliser (Hydroxypropyl Methyl Cellulose), Dextrose, White Pepper.

Breakfast Roll: **WHEAT** flour (Calcium Carbonate, Iron, Thiamine, Niacin), Yeast, Sugar, Salt, Emulsifiers: (E47, E481), **SOYA** Flour, Vegetable Oil (Palm & Rapeseed), Deactivated Yeast.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

Margarine: Margarine: Plant Oils (Rapeseed, Sunflower, Palm¹), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A, ¹Flora is committed to sustainable palm oil.

WHEAT, GLUTEN.

PASTIES, PIES & SAUSAGE ROLLS:

SAUSAGE ROLL Red Tractor Assured Country Range:

WHEAT Flour: (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Pork: (23%), Vegetable Margarine: (Palm Oil, Rapeseed Oil, Water, Salt, Concentrated Lemon Juice), Seasoning Mix (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Salt, Ammonium Carbonate, Dried Onion, Spices <2%, Sunflower Oil, **WHEAT** Starch, Herbs <2%, Dextrose, Sugar, Yeast Extract, Ascorbic Acid), Pork Fat, Vegetable Shortening (Palm Oil, Rapeseed Oil, Water, Salt, Concentrated Lemon Juice), Glaze (Water, **MILK** Proteins, Dextrose, Rapeseed Oil), Salt, Yeast Extract, Sage.

WHEAT, MILK.

STANDARD STEAK PASTY Lavenders: Pastry: (**WHEAT** Flour, Veg

Pastry Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: (Mono- and Diglycerides of Fatty Acids; Colours: Annatto, Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids; Colours: (Curcumin, Annatto; Flavouring), Salt, Water. Filling: (Potato, Onion, Swede, Seasoning: (Salt, Pepper), Beef. Glaze: (Whole **EGG**, **MILK**).

WHEAT, EGG, MILK.

CHEESE PASTY Lavenders: Pastry: (**WHEAT** Flour, Veg Pastry Marg: (Palm Oil,

Rapeseed Oil, Water, Salt, Emulsifier: (Mono-and Diglycerides of Fatty Acids, Colours: Annatto, Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids, Colours: (Curcumin, Annatto, Flavouring), Salt, Water. Filling: (Potato, Onion, Swede, Seasoning (Salt, Pepper), Cheese: (**MILK**). Glaze: (Whole **EGG**, **MILK**).

WHEAT, EGG, MILK.

CHICKEN, BACON & CHEESE PASTY Lavenders: Pastry **WHEAT**

flour, Veg Pastry Marg: (Palm Oil, Rapeseed Oil Water, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids Colours Amato Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier Polyglycerol Esters of fatty Acids Colours Curcumin, Annatto, Flavouring) Salt, Water Filing Potato, Onion Swede Seasoning (Salt, Pepper), Chicken. Bacon, Cheddar Cheese: (**MILK**), Glaze Whole: (**EGG**, **MILK**).

WHEAT, EGG, MILK.

LAMB & MINT PASTY Lavenders:

Pastry: (**WHEAT** Flour, Veg Pastry Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: (Mono- and Diglycerides of Fatty Acids; Colours: Annatto, Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids; Colours: (Curcumin, Annatto; Flavouring), Salt, Water. Filling: (Potato, Onion, Swede, Seasoning (Salt, Pepper), Lamb, Mint Sauce (Mint (20%), Spirit Vinegar, Sugar, Glucose Fructose Syrup, Water, Salt, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Colour (Copper Chlorophyllin). Glaze: (Whole **EGG**, **MILK**).

WHEAT, EGG, MILK.

STEAK & STILTON PASTY Lavenders:

Pastry: (**WHEAT** Flour, Veg Pastry Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: (Mono- and Diglycerides of Fatty Acids; Colours: Annatto, Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids; Colours: (Curcumin, Annatto; Flavouring), Salt, Water. Filling: (Potato, Onion, Swede, Seasoning (Salt, Pepper), Beef, Stilton Cheese: (**MILK**). Glaze: (Whole **EGG**, **MILK**).

WHEAT, EGG, MILK.

CHICKEN PASTY Lavenders:

Pastry: (**WHEAT** flour), Veg Pastry Marg: (Palm Oil, Rapeseed Oil Water, Salt, Emulsifier: (Mono and Diglycerides of Fatty Acids Colours Amatto Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier Polyglycerol Esters of fatty Acids Colours Curcumin, Annatto, Flavouring) Salt, Water Filing Potato, Onion Swede Seasoning: (Salt, Pepper), Chicken. Glaze Whole: (**EGG**, **MILK**).

WHEAT, EGG, MILK.

CHEESE & MUSHROOM PASTY Lavenders:

Pastry: (**WHEAT** Flour, Veg Pastry Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: (Mono-and Diglycerides of Fatty Acids, Colours: Annatto, Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids, Colours: (Curcumin, Annatto, Flavouring), Salt, Water. Filling: (Potato, Onion, Swede, Seasoning (Salt, Pepper), Mushroom, Cheese: (**MILK**). Glaze: (Whole **EGG**, **MILK**).

WHEAT, EGG, MILK.

CURRIED CAULIFLOWER PASTY Lavenders:

Pastry: (**WHEAT** flour), Veg Pastry Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: (Mono and Diglycerides of Fatty Acids Colours Amatto Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt. Salt, Water. Filing: (Cauliflower, Potato, Onion, Swede, Carrot, Peas, Seasoning: (Salt, Pepper). Sauce: (**WHEAT** Flour, Vegetable Oils, Curry Powder: (Coriander, Tumeric, **MUSTARD**, Bengal Cram Farina, Cumin, Chillies, Fenugreek, Black Pepper, Garlic, Fennel, Poppy Seeds). Sugar, Salt, Tomato Puree. Glaze: (Coconut Milk).

WHEAT, MUSTARD.

PORK, APPLE & SAGE SAUSAGE ROLL Lavenders:

Pastry: (WHEAT Flour), Veg Pastry Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: (Mono- and Diglycerides of Fatty Acids; Colours: Annatto, Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids; Colours: (Curcumin, Annatto; Flavouring)), Salt, Water. Filling: (Pork Mince, Sausage Meat, Sage Stuffing Mix, Apple. Glaze: (Whole EGG, MILK).

WHEAT, EGG, MILK.

PORK & CARAMLISED RED ONION SAUSAGE ROLL

Lavenders: Pastry: (WHEAT Flour), Veg Pastry Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: (Mono- and Diglycerides of Fatty Acids; Colours: Annatto, Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids; Colours: (Curcumin, Annatto; Flavouring)). Filling: (Pork Mince, Sausage Meat, Sage Stuffing Mix, Red Onion). Glaze: Whole EGG, MILK.

WHEAT, EGG, MILK.

PORK, CHORIZO & PAPRIKA SAUSAGE ROLL

Lavenders: Pastry: (WHEAT Flour), Veg Pastry Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: (Mono- and Diglycerides of Fatty Acids; Colours: Annatto, Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids; Colours: (Curcumin, Annatto; Flavouring)). Filling: (Pork Mince, Sausage Meat, Sage Stuffing Mix, Chorizo, Paprika). Glaze: Whole EGG, MILK.

WHEAT, EGG, MILK.

PORK, CHEDDAR & PICKLE SAUSAGE ROLL Lavenders:

Pastry: (WHEAT Flour), Veg Pastry Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: (Mono- and Diglycerides of Fatty Acids; Colours: Annatto, Curcumin), Veg Cake Marg: (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Polyglycerol Esters of Fatty Acids; Colours: (Curcumin, Annatto; Flavouring)). Filling: (Pork Mince, Sausage Meat, Mature Cheddar Cheese: (MILK), Pickle: (Carrot, Rutabaga, Onion, Cauliflower, Sugar, BARLEY Malt Vinegar, Spirit Vinegar, Water, Tomato Purée, Date Paste, Apple Pulp, Salt, Maize Starch, Onion Powder, Lemon Juice, Spices, Roasted BARLEY Malt Extract, Herb and Spice Extracts). Glaze: Whole EGG, MILK.

WHEAT, BARLEY, MILK, EGG.

VEGAN CURRY SAUSAGE ROLL Lavenders: Water, Emulsifier.

Filling. Rusk: (**WHEAT**), Flour: (**WHEAT**), Salt, Raising Agent 503, Textured **SOYA**, Protein veg fat, Modified Maize Starch, Salt, **SOYA** & Maize Protein, Dextrose, Ground Spices (White Pepper, Mace, Coriander, Pimento, Ginger) Onion, Beetroot Powder, Pepper Extract. Curry Powder (Garlic, Tumeric, Bay Leaf, Cardamon, Coriander, **MUSTARD**, Cayenne, Cumin, **CELERY**, Paprika, Pepper, Fenugreek, Ginger, Onion, Salt).

WHEAT, SOYA, CELERY.

QUICHES / BASKETS:

VERY FULL & MATURE CHEDDAR TART: Pastry: (**WHEAT** Flour, Vegetable Oils: (palm oil, rapeseed oil), Water, **WHEAT** Starch, Concentrated Lemon Juice, Salt, Alcohol: (evaporates during baking), Inactivated Yeast Extract), **EGG**. Double Cream: (**MILK**), Natural Flavourings, Salt, Colour (Beta-Carotene)). Roasted Vegetables: (Peppers 33.3% Courgettes 33.3% Aubergines 33.3%, Garlic, Dried Oregano), WYKE Farm Mature Cheddar: (Cheddar Cheese (**MILK**), Potato Starch). Salt, Pepper.

WHEAT, EGG, MILK.

CARAMLISED RED ONION & TUXFORD TEBUTT

STILTON TART: Ingredients: Pastry: (**WHEAT** Flour, Vegetable Oils: (palm oil, rapeseed oil), Water, **WHEAT** Starch, Concentrated Lemon Juice, Salt, Alcohol: (evaporates during baking), Inactivated Yeast Extract), **EGG**. Double Cream: (**MILK**). Caramelized Red Onion: (Re-hydrated Red Onions (68%), Sugar, Re-hydrated Onions, Red Wine Vinegar (15%), Colour (Plain Caramel) (2%), Modified Maize Starch, Sea Salt, Ground Ginger, Cinnamon Powder, Ground Nutmeg), Tuxford & Tebbutt Blue Stilton: (Cheese (**MILK**)). Pumpkin, Salt, Pepper.

WHEAT, EGG, MILK.

HAM & CHEESE BASKET: Water, **WHEAT** Flour, Diced Cooked Ham 15.5% (pork ham origin EU, water, salt, glucose syrup, emulsifier (E450), natural flavouring, antioxidant (E316), preservative (E250)), Margarine (non-hydrogenated palm and sunflower vegetable fats and oils, water, salt, concentrated lemon juice, natural flavourings), Emmental Cheese (**MILK**) 8.9%, **EGGS**, Modified Starch, Whey (**MILK**), Skimmed **MILK** Powder, Lactose and **MILK** Proteins, Salt, Pregelatinized **WHEAT** Flour, Maltodextrin, **WHEAT** Starch, Nutmeg, White Pepper.

WHEAT, MILK, EGG.

MAY CONTAIN: FISH, MOLLUSCS, SOYA, NUTS.

CHICKEN & LEEK BASKET: **WHEAT** Flour, Water, Margarine (non-hydrogenated palm and sunflower vegetable oils, water, salt, concentrated lemon juice, natural flavouring), Cured Cooked Chicken Cubes 13.5% (chicken fillet origin France, starch, dextrose, salt), Leeks 8.5%, Emmental cheese (**MILK**), **EGGS**, Chopped Spinach, Modified Starch, Whey (**MILK**), Grape Seed Oil, Skimmed **MILK** Powder, Salt, Maltodextrin, **WHEAT** Starch, White Pepper, Nutmeg.

WHEAT, MILK, EGG.

MAY CONTAIN: FISH, MOLLUSCS, SOYA, NUTS.

LUNCH MENU

NACHOS:

TORTILLA CHIPS: Maize Flour (69%), Sunflower Oil, Salt).

SALSA: Tinned Chopped Tomatoes (Tomatoes, tomato Juice, Acidity regulator (Citric Acid), Pizza Sauce (Tomatoes, Salt (0.5%), Acidity Regulator: Citric Acid), Onions, Mixed Bell Peppers, Garlic, Lime Juice, Jalapenos: (Sliced Green Jalapeno pepper, Water, Salt, Apple Cider Vinegar: (100% Apple Cider Vinegar (**SULPHITES**) , Acetic Acid, Potassium Sorbate, Calcium Chloride). Rapeseed Oil, Dried Oregano, Sea Salt, Ginger, Smoked Paprika, Black Pepper, Parsley, Coriander.

SULPHITES.

SOUR CREAM: Skimmed **MILK**. Cream (**MILK**), **MILK** Solids, Modified Starch E1442, Culture.

GUACAMOLE: Avocado (82%), Water, Red Bell Pepper, Jalapeno Puree, Salt, Sugar, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid), Dehydrated Coriander.

CHEDDAR CHEESE: Cheese (**MILK**), (Potato Starch).

JALAPENOS: Sliced Green Jalapeno pepper, Water, Salt, Vinegar, Acetic Acid, Potassium Sorbate, Calcium Chloride.

LENTIL BEAN CHILLI: Onions, Garlic, Mixed Bell Peppers, Beans: Butter Beans, Water, Salt). Kidney Beans (Red Kidney Beans, Water, Salt, Firming Agent (Calcium Chloride)), Dried Red Lentils, Tinned Chopped Tomatoes (Tomatoes, tomato Juice, Acidity regulator (Citric Acid), Pizza Sauce (Tomatoes, Salt (0.5%), Acidity Regulator: Citric Acid), Tomato paste: (Tomato), Vegetable Stock: Salt, Vegetable Oil (Palm, Sunflower), Starch, Sugar, Maltodextrin, Yeast Extract, Vegetable Powders (4%) (Carrot, Onion), Flavourings, Spices (Lovage Root, Parsley Root Powder†, Turmeric), Tomato Puree Powder†, Parsley, †Made from sustainably grown ingredients), Gr. Cumin, Gr. Coriander, Smoked Paprika, Paprika, Chilli Powder, Dried Oregano, Onion Powder, Garlic Powder, Salt, Pepper Gravy Browning (Colour Ammonia Caramel).

SMOKY BEEF CHILLI: Beef joint, Onions, Garlic, Mixed Bell Peppers, Kidney Beans (Red Kidney Beans, Water, Calcium Chloride). Pizza Sauce (Tomatoes, Salt (0.5%), Acidity Regulator: Citric Acid), Tomato paste: (Tomato), , Vegetable Stock: Salt, Vegetable Oil (Palm, Sunflower), Starch, Sugar, Maltodextrin, Yeast Extract, Vegetable Powders (4%) (Carrot, Onion), Flavourings, Spices (Lovage Root, Parsley Root Powder†, Turmeric), Tomato Puree Powder†, Parsley, †Made from sustainably grown ingredients), Apple Cider Vinegar: (100% Apple Cider Vinegar (**SULPHITES**). Coco Powder: (Cocoa Powder, Acidity Regulator E501), Fresh Black Coffee, Kikkoman Tamari: (Water, **SOYBEANS**, Salt, Spirit vinegar). Gr. Cumin, Gr. Coriander, Smoked Paprika, Chilli Powder, Dried Oregano, Onion Powder, Garlic Powder, Dark Brown Sugar, Salt, Pepper.

SOYA, SULPHITES.

SIDES:

CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

CHEESEY CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

CHEDDAR CHEESE: Cheese (**MILK**), (Potato Starch).

MILK.

BAKED BEANS: Haricot Beans (50%), Tomatoes (31%), Water, Sugar, Modified Maize Starch, Salt, Onion Powder, Ground Paprika, Natural Flavouring.

COLESLAW: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip), Mayonnaise: (Rapeseed Oil (60%), Water, Spirit Vinegar, Modified Potato Starch, Sugar, Salt, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Colours (Paprika Extract, Beta-Carotene). Water, Garlic, Mixed Herbs: (Marjoram, Thyme, Parsley, Basil).

MAY CONTAIN SULPHITES.

SIDE SALAD: Lettuce, Tomato, Cucumber, Beetroot.

DRESSING: Water, Rapeseed Oil, Acidity Regulator (Acetic Acid), Sugar, White Wine Vinegar (7%), Salt, Dijon **MUSTARD** (Water, **MUSTARD** Seeds, Spirit Vinegar, Salt), **MUSTARD** Seeds, Lemon Concentrate, Stabiliser (Xanthan Gum), Chives, Preservative (Potassium Sorbate), Black Pepper

MUSTARD.

BURGERS:

THE BEAR STACK BURGER:

BURGER ROLL: **WHEAT** flour (Calcium Carbonate, Iron, Thiamine, Niacin), Yeast, Sugar, Salt, Emulsifiers: (E47, E481), **SOYA** Flour, Vegetable Oil (Palm & Rapeseed), Deactivated Yeast.

WHEAT, SOYA.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

BEEF PATTY: Minced Beef, Salt, Pepper.

CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

ADD CHEESE: Cheese (Medium Cheddar Cheese (**MILK**)).

ADD BACON: Pork (88%), water, salt, preservative: sodium nitrite.

THE TIGER INFERNO BURGER:

BURGER ROLL: WHEAT flour (Calcium Carbonate, Iron, Thiamine, Niacin), Yeast, Sugar, Salt, Emulsifiers: (E47, E481), SOYA Flour, Vegetable Oil (Palm & Rapeseed), Deactivated Yeast.

WHEAT, SOYA.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

BEEF PATTY: Minced Beef, Salt, Pepper.

CHORIZO SPICED MAYO: Mayonnaise: Rapeseed Oil (65%), Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Colours (Turmeric, Paprika Extract). Smoked Paprika, Paprika, Garlic Powder, Onion Powder, Gr. Cumin, Dried Oregano, Chilli Flakes, Gr. Black Pepper, Fresh Lime Juice, Jalapenos: (Sliced Green Jalapeno pepper, Water, Salt, Vinegar, Acetic Acid, Potassium Sorbate, Calcium Chloride).

JALAPENOS: Sliced Green Jalapeno pepper, Water, Salt, Vinegar, Acetic Acid, Potassium Sorbate, Calcium Chloride.

CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

SALAD: Lettuce, Tomato.

COLESLAW: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip), Mayonnaise: Rapeseed Oil (65%), Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Colours (Turmeric, Paprika Extract).

ADD CHEESE: Cheese (Medium Cheddar Cheese (MILK)).

ADD BACON: Pork (88%), water, salt, preservative: sodium nitrite.

THE OTTERLY DELICIOUS BURGER:

BURGER ROLL: **WHEAT** flour (Calcium Carbonate, Iron, Thiamine, Niacin), Yeast, Sugar, Salt, Emulsifiers: (E47, E481), **SOYA** Flour, Vegetable Oil (Palm & Rapeseed), Deactivated Yeast.

WHEAT, SOYA.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

Chips and Fish Fingers cooked in Rapeseed Oil, (Separate Oil).

FISH GOUJONS (Creed): Cod (**FISH**), Coating (Breadcrumbs (Salt, Yeast, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Thiamin, Iron))), Batter (Water, Garlic Powder, Onion Powder, Salt, **WHEAT** Flour (**WHEAT** Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Yeast Extract)).

FISH, WHEAT.

SWEET CHILLI MAYO: Mayonnaise: Rapeseed Oil (65%), Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Colours (Turmeric, Paprika Extract). Sweet Chilli Jam: (Unrefined Raw Cane Sugar (36%), Sweet Chilli Peppers (18%) (Sweet Chilli Peppers, Water, Sugar, Spirit Vinegar), Red Pepper, Onion, Red Wine Vinegar, Dried Red Peppers, Lemon Juice, Red Chillies, Garlic Puree, Sea Salt).

PICKLED SALAD GARNISH: Cucumber, Red Onion, Sea salt, Cider Vinegar: (100% Apple Cider Vinegar (**SULPHITES**)). Sugar, **MUSTARD** seeds, Gr. Tumeric, Gr. Cinnamon, Gr. Paprika.

SULPHITES, MUSTARD.

CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

SALAD: Lettuce, Tomato.

COLESLAW: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip), Mayonnaise: Rapeseed Oil (65%), Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Colours (Turmeric, Paprika Extract).

ADD CHEESE: Cheese (Medium Cheddar Cheese (**MILK**)).

ADD BACON: Pork (88%), water, salt, preservative: sodium nitrite.

THE CROCODILE CRUNCH BURGER:

BURGER ROLL: **WHEAT** flour (Calcium Carbonate, Iron, Thiamine, Niacin), Yeast, Sugar, Salt, Emulsifiers: (E47, E481), **SOYA** Flour, Vegetable Oil (Palm & Rapeseed), Deactivated Yeast.

WHEAT, SOYA.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

Chips and Goujons cooked in rapeseed oil, (Separate Oil).

CHICKEN STRIPS: Chicken Breast Fillet (62%), Water, **WHEAT** Flour, Thickeners (Modified Tapioca Starch, Xanthan Gum, Guar Gum), Salt, Corn Starch, Sugar, Yeast, Fully Refined **SOYA** Oil.

WHEAT, GLUTEN, SOYA.

STICKY HONEY & SOY GLAZE: Kikkoman Tamari: (Water, **SOYBEANS**, Salt, Spirit vinegar). Honey, Apple Cider Vinegar: (100% Apple Cider Vinegar (**SULPHITES**)). Water, Light Brown Sugar, Garlic Powder, Gr. Ginger, Chilli Flakes, Corn flour.

PICKLED SALAD GARNISH: Cucumber, Red Onion, Sea salt, Cider Vinegar: (100% Apple Cider Vinegar (**SULPHITES**)). Sugar, **MUSTARD** seeds, Gr. Turmeric, Gr. Cinnamon, Gr. Paprika.

SULPHITES, MUSTARD.

CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

SALAD: Lettuce, Tomato.

COLESLAW: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip), Mayonnaise: Rapeseed Oil (65%), Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Colours (Turmeric, Paprika Extract).

CHEESE: Medium Cheddar Cheese (**MILK**).

ADD BACON: Pork (88%), water, salt, preservative: sodium nitrite.

THE MEERKAT MELT BURGER:

BURGER ROLL: **WHEAT** flour (Calcium Carbonate, Iron, Thiamine, Niacin), Yeast, Sugar, Salt, Emulsifiers: (E47, E481), **SOYA** Flour, Vegetable Oil (Palm & Rapeseed), Deactivated Yeast.

WHEAT, SOYA.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

OUMI: Pasteurized Cow's **Milk**, Salt, Calcium-Chloride, Microbial Rennet.

SMASHED AVOCADO: Avocado (82%), Water, Red Bell Pepper, Jalapeno Puree, Salt, Sugar, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid), Dehydrated Coriander.

SMASHED AVOCADO IS NOT CEOLIA CERTIFIED

RED ONION RELISH: Re-hydrated Red Onions (68%), Sugar, Re-hydrated Onions, Red Wine Vinegar (15%), Colour (Plain Caramel) (2%), Modified Maize Starch, Sea Salt, Ground Ginger, Cinnamon Powder, Ground Nutmeg.

RED ONION RELISH IS NOT CEOLIA CERTIFIED

CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

SALAD: Lettuce, Tomato.

COLESLAW: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip), Mayonnaise: Rapeseed Oil (65%), Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Colours (Turmeric, Paprika Extract).

OPEN BURRITOS:

TORTILLA WRAP:

TORTILLA WRAP: WHEAT Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamine), Water, Palm Oil, Humectant (Glycerine), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Rapeseed Oil, Acidity Regulators (Citric Acid, Malic Acid), Sugar, Preservatives (Potassium Sorbate, Calcium Propionate), Stabiliser (Sodium Carboxymethylcellulose), Emulsifier (Mono- and Di-Glycerides of Fatty Acids).

WHEAT.

KATERBAKE GLUTEN FREE WRAP 10.5in: Water, Wholegrain Flours (Sorghum Flour, Cornflour, Buckwheat Flour, Millet Flour, Teff Flour, Rice Flour), Chickpea Flour, Rice Flour, Psyllium Husk Powder, Cellulose Fibre, Tapioca Starch, Rapeseed Oil, Potato Starch, Maize Starch, Sugar, Pea Protein, Potato Fibre, Yeast, Raising Agents (Sodium Carbonate, Calcium Phosphate), Acidity Regulators (Malic Acid, Citric Acid, Tartaric Acid), Salt, Thickeners (Xanthan Gum, Guar Gum), Preservatives (Potassium Sorbate, Sorbic Acid), Fermented Maize Starch, Flavouring.

THE MOJO'D PORK BURRITO:

TORTILLA WRAP: WHEAT Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamine), Water, Palm Oil, Humectant (Glycerine), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Rapeseed Oil, Acidity Regulators (Citric Acid, Malic Acid), Sugar, Preservatives (Potassium Sorbate, Calcium Propionate), Stabiliser (Sodium Carboxymethylcellulose), Emulsifier (Mono- and Di-Glycerides of Fatty Acids).

WHEAT.

SALAD: Lettuce, Tomato, Cucumber.

CHOPPED SALAD: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip).

RICE: Long Grain Rice.

SMASHED AVOCADO: Avocado (82%), Water, Red Bell Pepper, Jalapeno Puree, Salt, Sugar, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid), Dehydrated Coriander.

SMASHED AVOCADO IS NOT CEOLIA CERTIFIED

RED TRACTOR ASSURED PORK: English. RTA Boneless Rindless Pork Shoulder Joint, Salt & Pepper.

MOJO MUSTARD SAUCE: Preserved Lemon: (Sea Salt, Gr. Black Pepper, Dried Bay leaf, Gr. Coriander), Mild American Mustard: (Water, Spirit Vinegar, **MUSTARD** Powder (6%), Modified Potato Starch, Salt, Turmeric, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Paprika, Colour (Lutein), Sweetener (Sucralose). Apple Cider Vinegar: (100% Apple Cider Vinegar (**SULPHITES**), Rapeseed oil: (Rapeseed Oil, Anti-Foaming Agent (Dimethylpolysiloxane). Garlic, Gr. Cumin, Light Brown Sugar, Gr. Black Pepper.

MUSTARD, SULPHITES.

THE MANGO HEATWAVE ROAST CHICKEN BURRITO:

TORTILLA WRAP: WHEAT Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamine), Water, Palm Oil, Humectant (Glycerine), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Rapeseed Oil, Acidity Regulators (Citric Acid, Malic Acid), Sugar, Preservatives (Potassium Sorbate, Calcium Propionate), Stabiliser (Sodium Carboxymethylcellulose), Emulsifier (Mono- and Di-Glycerides of Fatty Acids).

WHEAT.

SALAD: Lettuce, Tomato, Cucumber.

CHOPPED SALAD: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip).

RICE: Long Grain Rice.

SMASHED AVOCADO: Avocado (82%), Water, Red Bell Pepper, Jalapeno Puree, Salt, Sugar, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid), Dehydrated Coriander.

SMASHED AVOCADO IS NOT CEOLIA CERTIFIED

RED TRACTOR ASSURED CHICKEN BREAST: Diced English Chicken Breast.

CHILLI MANGO PICKLE SAUCE: Mango Chutney: (Sugar, Mango (46%), Salt, Spices (Ginger Powder, Chilli Powder, Garlic Powder), Acetic Acid). Apple Cider Vinegar: (100% Apple Cider Vinegar (**SULPHITES**), Garlic Powder, Gr. Ginger, Chilli Powder, Water. Kikkoman Tamari: (Water, **SOYBEANS**, Salt, Spirit vinegar). Garlic Powder, Chilli Powder, Smoked Paprika, Water.

SULPHITES, SOYA.

BANGIN' FALAFEL BURRITO:

TORTILLA WRAP: WHEAT Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamine), Water, Palm Oil, Humectant (Glycerine), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Rapeseed Oil, Acidity Regulators (Citric Acid, Malic Acid), Sugar, Preservatives (Potassium Sorbate, Calcium Propionate), Stabiliser (Sodium Carboxymethylcellulose), Emulsifier (Mono- and Di-Glycerides of Fatty Acids).

WHEAT.

SALAD: Lettuce, Tomato, Cucumber.

CHOPPED SALAD: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip).

RICE: Long Grain Rice.

SMASHED AVOCADO: Avocado (82%), Water, Red Bell Pepper, Jalapeno Puree, Salt, Sugar, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid), Dehydrated Coriander.

SMASHED AVOCADO IS NOT CEOLIA CERTIFIED

FALAFEL: Soaked Chickpea (67%) (Water, Chickpeas), Onion (26%), Rapeseed Oil, Garlic Purée, Salt, Citrus Fibre, Spices, Parsley, Raising Agent (Sodium Bicarbonate).

CHILLI MANGO PICKLE SAUCE: Mayonnaise: Rapeseed Oil (65%), Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Colours (Turmeric, Paprika Extract). Stokes Chilli Jam: (Unrefined Raw Cane Sugar (36%), Sweet Chilli Peppers (18%) (Sweet Chilli Peppers, Water, Sugar, Spirit Vinegar), Red Pepper, Onion, Red Wine Vinegar, Dried Red Peppers, Lemon Juice, Red Chillies, Garlic Puree, Sea Salt). Apple Cider Vinegar: (100% Apple Cider Vinegar (**SULPHITES**)).

SULPHITE.

TOASTIE

PLEASE ASK WHICH BREAD WE HAVE IN STOCK:

WHITE BREAD: WHEAT FLOUR: (Calcium Carbonate, Iron, Niacin, Thiamine), Water, Yeast, **WHEAT** Sourdough Sea Salt **RYE** Flour, Vitamin C. **MARAGRINE:** (Water, Rapeseed Oil, Palm Oil, Salt (1.38%), Stabiliser (Sodium Alginate), Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Polyglycerol Polyricinoleate), Acidity Regulator (Citric Acid), Flavouring, Colour (Annatto Bixin, Curcumin), Vitamin A, Vitamin D). Vegetable oils (rape), Thickener (Carnauba wax), Emulsifier (Lecithin (sunflower)), Propellant (Propane, butane, isobutane).

WHEAT, RYE.

MAY CONTAIN: NUTS, EGGS, MILK, SESAME, SOYA.

ALTERNATIVE BREAD:

BROWN MALTED SLICED BREAD: WHEAT Flour: (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Malted **BARLEY**, Yeast, Sea Salt, **RYE**, Vitamin C)

WHEAT, RYE, BARLEY.

MAY CONTAIN: NUTS, EGGS, MILK, SOYA, SESAME.

GLUTEN FREE ROLL AVAILABLE: Water, Tapioca Starch, Rice Flour, Mixed Seed (12%) (Sunflower, Linseed, Millet, Poppy), Potato Starch, Rapeseed Oil, Humectant (Vegetable Glycerol), Yeast, Treacle, Psyllium Husk, Stabiliser (Hydroxypropyl Methyl Cellulose), Free Range Dried **EGG** White, Maize Flour, Salt, Maize Starch, Rice Starch, Colour (Plain Caramel), Preservative (Calcium Propionate)

EGG.

MAY CONTAIN SULPHITES AND CEREAL.

CHEESE:

PLEASE ASK WHICH BREAD WE ARE USING:

WHITE BREAD OR BROWN MALTED SLICED BREAD

Margarine: Plant Oils (Rapeseed, Sunflower, Palm¹), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A, ¹Flora is committed to sustainable palm oil.

RELEASE SPRAY: Vegetable oils (rape), Thickener (Carnauba wax), Emulsifier (Lecithin (sunflower)), Propellant (Propane, butane, isobutane).

CHEESE: Medium Cheddar Cheese (**MILK**).

SALAD: Lettuce, Tomato, Cucumber, Beetroot.

DRESSING: Water, Rapeseed Oil, Acidity Regulator (Acetic Acid), Sugar, White Wine Vinegar (7%), Salt, Dijon **MUSTARD** (Water, **MUSTARD** Seeds, Spirit Vinegar, Salt), **MUSTARD** Seeds, Lemon Concentrate, Stabiliser (Xanthan Gum), Chives, Preservative (Potassium Sorbate), Black Pepper

MUSTARD.

COLESLAW: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip), Mayonnaise: (Rapeseed Oil (60%), Water, Spirit Vinegar, Modified Potato Starch, Sugar, Salt, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Colours (Paprika Extract, Beta-Carotene). Water, Garlic, Mixed Herbs: (Marjoram, Thyme, Parsley, Basil).

MAY CONTAIN SULPHITES.

VEGAN CHEESE TOASTIE: OUR GLUTEN FREE ROLL CONTAINS EGG, WHICH IS NOT VEGAN:

BAKED EARTH LARGE FOLDED NAAN: WHEAT Flour (Fortified with Calcium, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Raising Agents (Monocalcium Phosphates, Sodium Bicarbonate), Yeast, Salt, Kalonji Seeds (0.5%), Dextrose.

WHEAT.

RELEASE SPRAY: Vegetable oils (rape), Thickener (Carnauba wax), Emulsifier (Lecithin (sunflower)), Propellant (Propane, butane, isobutane).

Margarine: Plant Oils (Rapeseed, Sunflower, Palm¹), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A, ¹Flora is committed to sustainable palm oil.

VIOLIFE MATURE CHEDDAR CHEESE FLAVOUR SLICES: Water, Coconut Oil (23%), Modified Starch (Potato & Corn), Potato Starch, Sea Salt, Mature Cheddar Flavour, Olive Extract, Colour: B-Carotene, Vitamin B12.

SALAD: Lettuce, Tomato, Cucumber, Beetroot.

DRESSING: Water, Rapeseed Oil, Acidity Regulator (Acetic Acid), Sugar, White Wine Vinegar (7%), Salt, Dijon **MUSTARD** (Water, **MUSTARD** Seeds, Spirit Vinegar, Salt), **MUSTARD** Seeds, Lemon Concentrate, Stabiliser (Xanthan Gum), Chives, Preservative (Potassium Sorbate), Black Pepper

MUSTARD.

COLESLAW: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip), Mayonnaise: (Rapeseed Oil (60%), Water, Spirit Vinegar, Modified Potato Starch, Sugar, Salt, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Colours (Paprika Extract, Beta-Carotene). Water, Garlic, Mixed Herbs: (Marjoram, Thyme, Parsley, Basil).

MAY CONTAIN SULPHITES.

CHEESE & TOMATO:

PLEASE ASK WHICH BREAD WE ARE USING:

WHITE BREAD OR BROWN MALTED SLICED BREAD

Margarine: Plant Oils (Rapeseed, Sunflower, Palm¹), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A, ¹Flora is committed to sustainable palm oil.

RELEASE SPRAY: Vegetable oils (rape), Thickener (Carnauba wax), Emulsifier (Lecithin (sunflower)), Propellant (Propane, butane, isobutane).

CHEESE: Medium Cheddar Cheese (**MILK**).

TOMATO: Tomato.

SALAD: Lettuce, Tomato, Cucumber, Beetroot.

DRESSING: Water, Rapeseed Oil, Acidity Regulator (Acetic Acid), Sugar, White Wine Vinegar (7%), Salt, Dijon **MUSTARD** (Water, **MUSTARD** Seeds, Spirit Vinegar, Salt), **MUSTARD** Seeds, Lemon Concentrate, Stabiliser (Xanthan Gum), Chives, Preservative (Potassium Sorbate), Black Pepper

MUSTARD.

COLESLAW: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip), Mayonnaise: (Rapeseed Oil (60%), Water, Spirit Vinegar, Modified Potato Starch, Sugar, Salt, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Colours (Paprika Extract, Beta-Carotene). Water, Garlic, Mixed Herbs: (Marjoram, Thyme, Parsley, Basil).

MAY CONTAIN SULPHITES.

HAM AND CHEESE:

PLEASE ASK WHICH BREAD WE ARE USING:

WHITE BREAD OR BROWN MALTED SLICED BREAD

Margarine: Plant Oils (Rapeseed, Sunflower, Palm¹), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A, ¹Flora is committed to sustainable palm oil.

RELEASE SPRAY: Vegetable oils (rape), Thickener (Carnauba wax), Emulsifier (Lecithin (sunflower)), Propellant (Propane, butane, isobutane).

Ham: Wessex Traditional Ham: Pork Leg, Water, Salt, Pork Bouillion, Preservatives E250 &E251, Antioxidant E301.

DUE TO SUPPLY ISSUES ALTERNATIVE HAM:

HAM: Houghton Traditional Ham: (Pork Leg, Salt, Water, Stabilisers: (Triphos[hate, Diphosphates), Sugar, Yeast Extract, Dextrose, Antioxiadants: (Sodium Nitrate), Natural Flavourings, Pork Bouillion, Preservatives E250 &E251, Antioxidant E301).

Moat Well Farm Ham (Only available limited times of the year): (Pork, Salt, Preservative mix (E251, E250), Propylene Glycol).

Cheddar Cheese: Medium Cheddar Cheese (**MILK**).

SALAD: Lettuce, Tomato, Cucumber, Beetroot.

DRESSING: Water, Rapeseed Oil, Acidity Regulator (Acetic Acid), Sugar, White Wine Vinegar (7%), Salt, Dijon **MUSTARD** (Water, **MUSTARD** Seeds, Spirit Vinegar, Salt), **MUSTARD** Seeds, Lemon Concentrate, Stabiliser (Xanthan Gum), Chives, Preservative (Potassium Sorbate), Black Pepper

MUSTARD.

COLESLAW: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip), Mayonnaise: (Rapeseed Oil (60%), Water, Spirit Vinegar, Modified Potato Starch, Sugar, Salt, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Colours (Paprika Extract, Beta-Carotene). Water, Garlic, Mixed Herbs: (Marjoram, Thyme, Parsley, Basil).

MAY CONTAIN SULPHITES.

TUNA & CARMELISED RED ONION:

PLEASE ASK WHICH BREAD WE ARE USING:

WHITE BREAD OR BROWN MALTED SLICED BREAD

Margarine: Plant Oils (Rapeseed, Sunflower, Palm¹), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A, ¹Flora is committed to sustainable palm oil.

RELEASE SPRAY: Vegetable oils (rape), Thickener (Carnauba wax), Emulsifier (Lecithin (sunflower)), Propellant (Propane, butane, isobutane).

TUNA MAYONNAISE: Skipjack Tuna (**FISH**), Water, Salt.

FISH.

RED ONION RELISH: Re-hydrated Red Onions (68%), Sugar, Re-hydrated Onions, Red Wine Vinegar (15%), Colour (Plain Caramel) (2%), Modified Maize Starch, Sea Salt, Ground Ginger, Cinnamon Powder, Ground Nutmeg.

CHEESE: Medium Cheddar Cheese (**MILK**).

SALAD: Lettuce, Tomato, Cucumber, Beetroot.

DRESSING: Water, Rapeseed Oil, Acidity Regulator (Acetic Acid), Sugar, White Wine Vinegar (7%), Salt, Dijon **MUSTARD** (Water, **MUSTARD** Seeds, Spirit Vinegar, Salt), **MUSTARD** Seeds, Lemon Concentrate, Stabiliser (Xanthan Gum), Chives, Preservative (Potassium Sorbate), Black Pepper

MUSTARD.

COLESLAW: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip), Mayonnaise: Rapeseed Oil (65%), Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Colours (Turmeric, Paprika Extract).

MAY CONTAIN SULPHITES.

CHILDRENS MENU

FISH FINGER AND CHIPS:

Chips and Fish Fingers cooked in Rapeseed Oil, (Separate Oil).

FISH GOUJONS (Creed): Cod (**FISH**), Coating (Breadcrumbs (Salt, Yeast, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Thiamin, Iron))), Batter (Water, Garlic Powder, Onion Powder, Salt, **WHEAT** Flour (**WHEAT** Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Yeast Extract)).

FISH, WHEAT.

CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

GARDEN PEAS: Peas.

BAKED BEANS: Haricot Beans (50%), Tomatoes (31%), Water, Sugar, Modified Maize Starch, Salt, Onion Powder, Ground Paprika, Natural Flavouring.

CUCUMBER: Cucumber.

PENNE PASTA, WITH CHEESE AND GARLIC BREAD:

5 A DAY PASTA SAUCE: Rapeseed Oil, Anti-Foaming Agent (Dimethylpolysiloxane), Fresh Tomatoes, Carrots, Potato, Red Onions, Pizza Sauce: (Tomatoes (99.5%), Salt, Acidity Regulator: Citric Acid). Fire Roasted Red Peppers: (Red Peppers (60%), Water, Salt, Acidity Regulator: Citric Acid).

GRATED CHEDDAR CHEESE: Mature grated cheese: (**MILK**), Anti- Caking agent (Potato Starch).

PASTA: 100% Durum **WHEAT** Semolina.

GARLIC BREAD: WHEAT Flour, Water, Palm Fat, Rapeseed Oil, Garlic (4%), Yeast, Salt, Parsley, **WHEAT** Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin), Flour Treatment Agent (Ascorbic Acid), Dextrose, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Natural Flavouring, Colour (Beta-Carotene)

WHEAT.

May contain traces of SESAME & MILK.

CHICKEN GOUJONS AND CHIPS:

Chips and Goujons cooked in rapeseed oil, (Separate Oil).

CHICKEN STRIPS: Chicken Breast Fillet (62%), Water, **WHEAT** Flour, Thickeners (Modified Tapioca Starch, Xanthan Gum, Guar Gum), Salt, Corn Starch, Sugar, Yeast, Fully Refined **SOYA** Oil.

WHEAT, GLUTEN, SOYA.

CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

GARDEN PEAS: Peas.

BAKED BEANS: Haricot Beans (50%), Tomatoes (31%), Water, Sugar, Modified Maize Starch, Salt, Onion Powder, Ground Paprika, Natural Flavouring.

CUCUMBER: Cucumber.

SAUSAGE AND CHIPS: Sausages are Gluten_free.

Chips and Sausages Cooked in Rapeseed Oil, (Separate Oil).

SAUSAGE: Pork, Rice Flour, Salt, Hydroxypropyl Methyl Cellulose E464, Spice Extracts (Pepper, Nutmeg, Coriander, Cayenne, Paprika), Dextrose, Stabilisers: Sodium Tripolyphosphate E451, Sodium Diphosphate EA50; Preservative Sodium **SULPHITE** E221; Flavour Enhancer: Monosodium Glutamate E621; Ground Spices (White Pepper, Ginger), Sage Extract, Colour: E120; Propylene Glycol.

SULPHITES

DUE TO SUPPLY ISSUES SOMETIMES IT'S AN ALTERNATE SAUSAGE. PLEASE ASK OUR STAFF, IF SO GO TO BREAKFAST SAUSAGE BAP FOR ALTERNATE SAUSAGE INGREDIENTS.

BLACKGATE SIGNATURE PREMIUM PORK SAUSAGE, GLUTEN FREE.

Pork (80%), Water, Rice Flour, Chickpea Flour, Salt, Spices, Parsley, Dextrose, Herbs (Parsley, Sage), Sage, Black Pepper, White Pepper, Flavouring, Preservative (Sodium **METABISULPHITE**), Cornflour, Onion Powder, Stabilisers (Disodium Diphosphate, Tetrasodium Diphosphate), Antioxidant (Sodium Ascorbate), Sausage Casing (Calcium Alginate)

SULPHITE

ALTERNATIVE VEGAN SAUSAGE (Castel Howell)

Devils Kitchen Plant: Rehydrated Pea Protein, Rapeseed Oil, Coconut Oil, Shea Oil, Diced Onions, Potato Starch, Oyster Mushrooms, Seasoning: (Onion Powder, Ground White Pepper, Rubbed Sage, Yeast Extract, Tomato Powder, Ground Rosemary, Ground Fennel, Ground Black Pepper, Ground Bay, Smoked Paprika, Ground Nutmeg, Ground Sage, Ground Mace, Ground Marjoram). Methylcellulose, Broad Bean Powder, Apple Juice Concentrate, Citrus Fibre, Carrot Powder, Pumpkin Powder, Fine Sea Salt, Ground Ginger, Pimento, Natural Flavouring, Calcium Alginate Casing.

CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

GARDEN PEAS: Peas.

BAKED BEANS: Haricot Beans (50%), Tomatoes (31%), Water, Sugar, Modified Maize Starch, Salt, Onion Powder, Ground Paprika, Natural Flavouring.

CUCUMBER: Cucumber.

VEGAN SAUSAGE AND CHIPS:

Chips and Sausages Cooked in Rapeseed Oil

Devils Kitchen Plant: Rehydrated Pea Protein, Rapeseed Oil, Coconut Oil, Shea Oil, Diced Onions, Potato Starch, Oyster Mushrooms, Seasoning: (Onion Powder, Ground White Pepper, Rubbed Sage, Yeast Extract, Tomato Powder, Ground Rosemary, Ground Fennel, Ground Black Pepper, Ground Bay, Smoked Paprika, Ground Nutmeg, Ground Sage, Ground Mace, Ground Marjoram). Methylcellulose, Broad Bean Powder, Apple Juice Concentrate, Citrus Fibre, Carrot Powder, Pumpkin Powder, Fine Sea Salt, Ground Ginger, Pimento, Natural Flavouring, Calcium Alginate Casing.

CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

GARDEN PEAS: Peas.

BAKED BEANS: Haricot Beans (50%), Tomatoes (31%), Water, Sugar, Modified Maize Starch, Salt, Onion Powder, Ground Paprika, Natural Flavouring.

CUCUMBER: Cucumber.

SOUP

SUPER THAI GREEN & COCONUT SOUP: Sliced onions, Garlic, Fresh Ginger, Tinned Coconut Milk: (Coconut Extract 81.82%, Water, Stabilizers: Guar Gum (E412), Carboxy Methyl Cellulose (E466), Emulsifier: Polysorbate 60 (E435), Antioxidant: Citric Acid (E330)). Pea, Basil, Coriander, Spinach. Butter Beans: (Butter Beans, Water, Antioxidant (Ascorbic Acid). **SESAME** Oil, Kikkoman Tamari Soy Sauce (Gluten Free): Water, **SOY** beans, Salt, Spirit vinegar. Salt. Water, Vegetable Stock: (Salt, Vegetable Oil (Palm, Sunflower), Starch, Sugar, Maltodextrin, Yeast Extract, Vegetable Powders (4%) (Carrot, Onion), Flavourings, Spices (Lovage Root, Parsley Root Powder†, Turmeric), Tomato Puree Powder†, Parsley, †Made from sustainably grown ingredients), Salt. Rapeseed Oil, Anti-Foaming Agent (Dimethylpolysiloxane). Country Range Curry Powder: (Coriander, Turmeric (23.5%), **MUSTARD**, Cumin, Chickpea, Chilli, (5%), Salt, Fennel, Fenugreek, Green Cardamom, Garlic (2.1%), Black pepper (2.1%), Cloves). Country Range Chilli Powder, Roasted Vegetables; (Aubergine, Courgette, Red Pepper, Green Pepper). Chefs Larder Cider Vinegar: (100% Apple Cider Vinegar (**SULPHITES**)).

SOYA, SESAME, MUSTARD, SULPHITES.

HARISSA SPICED PUMKIN & BUTTERBEAN SOUP: Pumpkin, sliced onion, garlic, demerara sugar, salt, pepper, lemons. Harissa Paste: (Red Chili Pepper (86%), Garlic, Coriander, Caraway, Salt, Acidity Regulator (Citric Acid). Butter Beans: (Butter Beans, Water, Antioxidant (Ascorbic Acid). Vegetable Stock: (Salt, Vegetable Oil (Palm, Sunflower), Starch, Sugar, Maltodextrin, Yeast Extract, Vegetable Powders (4%) (Carrot, Onion), Flavourings, Spices (Lovage Root, Parsley Root Powder†, Turmeric), Tomato Puree Powder†, Parsley, †Made from sustainably grown ingredients). Rapeseed Oil: (Rapeseed Oil, Anti-Foaming Agent (Dimethylpolysiloxane). Vegan Flora Cream: (Lentil protein preparation (water, 1.1% lentil flour), coconut fat, rapeseed oil, sugar, modified corn starch, emulsifiers (sunflower lecithin, sugar esters of fatty acids, mono-and diglycerides of fatty acids), stabilisers (guar gum, locust bean gum), natural flavouring, salt, colour (beta-carotene)).

GOLDEN VEGETABLE: Swede, Carrot, Onions, Garlic, Parsnip, Potato (Sweet Potato if available), Water, Vegetable Stock: (Salt, Vegetable Oil (Palm, Sunflower), Starch, Sugar, Maltodextrin, Yeast Extract, Vegetable Powders (4%) (Carrot, Onion), Flavourings, Spices (Lovage Root, Parsley Root Powder†, Turmeric), Tomato Puree Powder†, Parsley, †Made from sustainably grown ingredients), Salt. Rapeseed Oil, Anti-Foaming Agent (Dimethylpolysiloxane).

CELRIAC & APPLE: Sliced onions, Garlic, Parsnip, Celeriac (RELATED TO **CELERY**), Potato, Apple, Water, Vegetable Stock: (Salt, Vegetable Oil (Palm, Sunflower), Starch, Sugar, Maltodextrin, Yeast Extract, Vegetable Powders (4%) (Carrot, Onion), Flavourings, Spices (Lovage Root, Parsley Root Powder†, Turmeric), Tomato Puree Powder†, Parsley, †Made from sustainably grown ingredients), Salt. Rapeseed Oil, Anti-Foaming Agent (Dimethylpolysiloxane).

CELERY.

ROAST TOMATO & RED ONION: Fresh Tomato, Garlic, Aubergine, Red Peppers, Pizza Sauce: (Tomatoes (99%), Salt, Acidity regulator (Citric acid). Caramelized Red Onion: (Re-hydrated Red Onions (68%), Sugar, Re-hydrated Onions, Red Wine Vinegar (15%), Colour (Plain Caramel) (2%), Modified Maize Starch, Sea Salt, Ground Ginger, Cinnamon Powder, Ground Nutmeg). Red Kidney Beans: (Red Kidney Beans, Water, Calcium chloride). Dried Oregano, Water, Vegetable Stock: (Salt, Vegetable Oil (Palm, Sunflower), Starch, Sugar, Maltodextrin, Yeast Extract, Vegetable Powders (4%) (Carrot, Onion), Flavourings, Spices (Lovage Root, Parsley Root Powder†, Turmeric), Tomato Puree Powder†, Parsley, †Made from sustainably grown ingredients), Salt. Rapeseed Oil, Anti-Foaming Agent (Dimethylpolysiloxane). Salt.

BREAD ROLL FOR SOUP

Breakfast Roll: **WHEAT** flour (Calcium Carbonate, Iron, Thiamin, Niacin), Yeast, Sugar, Salt, Emulsifiers: (E47, E481), **SOYA** Flour, Vegetable Oil (Palm & Rapeseed), Deactivated Yeast.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

Margarine: Plant Oils (Rapeseed, Sunflower, Palm¹), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Vinegar, Natural Flavourings, Vitamin A, ¹Flora is committed to sustainable palm oil.

GLUTEN FREE BREAD OPTION AVAILABLE Water, Tapioca Starch, Rice Flour, Mixed Seed (12%) (Sunflower, Linseed, Millet, Poppy), Potato Starch, Rapeseed Oil, Humectant (Vegetable Glycerol), Yeast, Treacle, Psyllium Husk, Stabiliser (Hydroxypropyl Methyl Cellulose), Free Range Dried **EGG** White, Maize Flour, Salt, Maize Starch, Rice Starch, Colour (Plain Caramel), Preservative (Calcium Propionate).

EGG.

MAY CONTAIN SULPHUR AND CEREAL.

BEARS:

Chips cooked in Rapeseed Oil.

CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

CHEESEY CHIPS: Potatoes, Sunflower Oil, Coating (Distarch Phosphate (Potato), Rice Flour, Salt, Potato Dextrin, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Dextrose, Maltodextrin, Thickener (Xanthan Gum), Spice Extracts (Curcumin, Paprika)).

Chips cooked in rapeseed oil.

CHEDDAR CHEESE: Cheese (**MILK**), (Potato Starch).

MILK.

HOT DOG & BURGERS:

HOTDOG:

PORK FRANKFURTERS FROM RAR & PASTURE: (British Pork (95%), Salt, Linseed, Seasonings (Mace, Ginger, Garlic, White Pepper), Sea Buckthorn, Natural Sheep Casings).

BREAD: **WHEAT** Flour: (Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Salt, Emulsifiers: (E47, E481) **SOYA** Flour.

WHEAT, SOYA.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

BURGER:

BURGER ROLL: **WHEAT** flour (Calcium Carbonate, Iron, Thiamine, Niacin), Yeast, Sugar, Salt, Emulsifiers: (E47, E481), **SOYA** Flour, Vegetable Oil (Palm & Rapeseed), Deactivated Yeast.

WHEAT, SOYA.

MAY CONTAIN: NUTS, WHEAT/ RYE, EGGS, MILK, SESAME.

BEEF PATTY: Minced Beef, Salt, Pepper.

UPGRADES:

CHEDDAR CHEESE: Cheese (**MILK**).

BACON: Pork (88%), water, salt, preservative: sodium nitrite.

PICKLED SALAD GARNISH: Cucumber, Red Onion, Sea salt, Cider Vinegar: (100% Apple Cider Vinegar (**SULPHITES**)). Sugar, **MUSTARD** seeds, Gr. Tumeric, Gr. Cinnamon, Gr. Paprika.

SULPHITES.

COLESLAW: Red onion, White Cabbage, Red Cabbage, Carrots, (Alternate veg, season dependant Swede, Parsnip), Mayonnaise: Rapeseed Oil (65%), Water, Spirit Vinegar, Sugar, Salt, Modified Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavouring, Colours (Turmeric, Paprika Extract).

MAY CONTAIN SULPHITES.

MUSTARD.

CARAMLISED ONIONS: Sliced Onions, Rapeseed oil: (Rapeseed Oil, Anti-Foaming Agent (Dimethylpolysiloxane), Sea Salt Gr. Pepper.

JALAPENOS: Sliced Green Jalapeno pepper, Water, Salt, Vinegar, Acetic Acid, Potassium Sorbate, Calcium Chloride.

